



## Co-ed/Juniors Volleyball Rules

1. Each team will consist of at least 6 players (3 men and 3 women). Each co-ed team must have a minimum of 4 players present to begin a game (at least 2 of these have to be women). The most men you can have on the court at one time is three. You can however play with 4 women if needed.
2. If the ball is contacted more than one time on a side, at least one of those contacts must be a woman.
3. Substitutions must be male-for-male and female-for-female
4. The serving order and positions on the court shall alternate male and female (Exception: A team playing with 5 players.)
5. Juniors will play by the same rules with the exception of rules 1-4.
6. Athletic shoes must be worn by all players
7. No jewelry or other items deemed dangerous by the Kroc Center Staff/Officials may be worn.
8. Each match will consist of 3 games to twenty-five (25) points. (must win by 2). There will be a 27 point cap this season
9. Each team will be permitted 2 timeouts per match. Each time out is 30 seconds long.
10. Games will be governed by the 2013-2014 National Federation of State High School Association Rules Guide with the exception of the rules above.
11. This will be a 10 week season with every team making the playoffs in a single elimination bracket. The playoffs will run 3 weeks.
12. Playoffs will be best 2 out of 3 games with the exception of the finals which will be best 3 out of 5 games.
13. If you are short a player you can pick up a registered player from another team if they are willing to join you for that night. You may only pick up enough players to make you legal so you do not forfeit.
14. You may not pick up players from other teams for the playoffs.
15. Players need to play in at least five matches to be eligible for the playoffs.